

Keys to Living

Fulton Manor has been participating in a grant project for 2 years. In this project, there have been 3 employees that have been certified to conduct RCCT on a person with dementia.

What is a RCCT?

It is a Reality Comprehension Clock Test. All that we do is simply ask your loved one to draw the clock that is in front of them. The clock test is a nonthreatening tool that is easily administered and easy to score. The person scoring the tool gets the majority of the information from the drawing of the clock.

What do we do with the information?

After the RCCT is scored, we are able to determine a person's cognitive functional age. What is cognitive functional age? It is a number that we are able to see what level their brain is functioning at. A person may have a cognitive functional age of 6; this just means that their brain is functioning at a 6 year olds level. The RCCT is able to help us in developing appropriate treatment plans based on their functional age.

How can you help?

Fulton Manor may ask you to bring in pictures that you family member would love to see. We may ask you to help us fill out a book that is about your family member. The questions would entail things that they love to see, smell, hear, and touch, stories that make them happy, and stories that make them sad. Also, Fulton Manor just asks that we have open communication on how we can better serve your loved one.

What tools are there for you to use?

At each lounge, there is a white cart that has photo books and chatter bags that you are able to use. The photo books are generic and this is to help start conversation between your family member and yourself. The chatter bags either have pictures or objects in them that also help to spark conversation with your family member. Fulton Manor also has a question of the week that you are able to ask them and this is again to help spark a meaningful conversation with your family member. There is also a book called, "I was thinking" that we have copies that we would be willing to share it with you to read.

If you would like a RCCT completed with your family member or have any questions, please see Sue Howard, Ann Kahrs, or Kayla Damman.